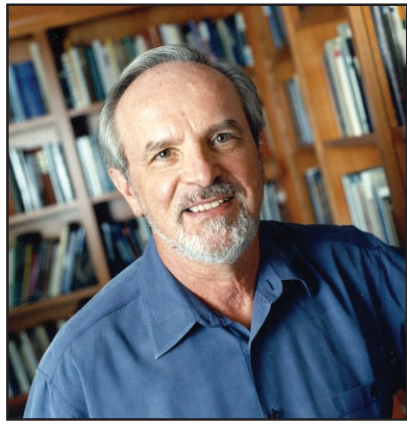


Central Vermont Television (CVTV channel 23 out of Barre) comes to Middlesex



**THOMAS MOORE
Introduction**

On April 19th, 2008, the New York Times Best Selling author Thomas Moore (author of 'Care of the Soul', 'Dark Night of the Soul,' 'Soul Mates,' 'The Soul of Sex,' and many other books) will be joining 'Connect' at the Barre Opera

In 1992 Thomas Moore published his now classic book Care of the Soul. It was on the New York Times Bestseller list for 44 weeks and number one for several weeks. He followed this with fifteen other books, including: Soul Mates, The Re-Enchantment of Everyday Life, Original Self, The Soul of Sex, The Soul's Religion, and Dark Nights of the Soul. He has degrees in music and philosophy, musicology, theology, and a Ph.D. from Syracuse University in religion. He has been a teacher, composer, psychotherapist, writer, and lecturer. His current projects include the soul of medicine, a soul approach to the Gospels, and a collection of short stories about golf and the search for meaning. He lives in New England with his wife, artist and yoga teacher, Hari Kirin, and his two teen-age children. He has a special relationship with Ireland and often teaches and lectures there. He writes columns for Spirituality and Health, Resurgence, and beliefnet.com. His current book is A Life at Work, an exploration of the deeper issues involved in finding not just a job, but your life work.



Photo: Left to Right- The first guests of 'Connect' Annette Hansen-Schmidt, acupuncturist, Amy Miller, host, and Sandy Morning, body centered therapist.

**Norwich University Cavalry News
by Bonnie Jo Lange**

Editor's Note: Bonnie Jo and her mother stayed at our B&B during the Norwich Spring Break, because Bonnie Jo was recovering from a leg injury. Bonnie Jo is proud of the Cavalry program at Norwich and wanted to share her news with our readers.



**Photo: Bonnie Jo Lange, holding ribbon, Logan deJohn, Judi Whipple (the trainer), & Amie Young
Back Row: Jaime Parellada, Patrick O'Connor, Adam Yarachowicz, Steven Yates, & Michael DeBello**

The Dark Horse of Cavalry

A team of three Norwich Cavalry cadets competed in the Mt. Holyoke Intercollegiate Dressage Association (IDA) Show on 23 February 2008.

The team consisted of **Rct. Lisa Belisle** riding Upper Training, **Cpl. Amie Young** riding Lower Training and **Cpl. Bonnie Jo Lange** riding Introductory level. A support team headed by **Cav Troop's C.O., Capt. O'Connor** accompanied the riders and trainer, **Judi Whipple**, in this premier show of the Spring season.

Due to Norwich's newness on the IDA scene it is considered a "dark horse" by the other schools and often overlooked. At this competition, however, **Norwich shed its anonymity by taking 2nd in the Intro level and earning the Individual Rider Reserve Champion High Point.**



**Connecting in Middlesex
by Amy Miller**

Last fall, after a conversation with Tony Campos of New England Cooks, the show 'Connect with Amy Miller' was born. Now once each month a production crew from Central Vermont Television (CVTV channel 23 out of Barre) comes to Middlesex and we explore the mind-body connection, journey down the path of enlightenment together, and try to have a little fun a long the way.

Two of Middlesex's own have been recent guests of the show. Martin Pincus, a lawyer/yoga instructor, explained the philosophy of yoga and its connection to health and wellbeing. Martin's show will be airing on CVTV April 21st. Jeri Martinez discussed the affects of domestic violence on the mind of the survivor. Jeri's show aired April 7th. Each show will air on a later date on channel 15 (ORCA). Check your local listings.

For the second time the filming of 'Connect' will be leaving Middlesex and going to the Barre Opera House (BOH). In January of this year, Joe Dispenza was our guest at the BOH. Joe was featured in the docudrama 'What the Bleep Do We Know!?' and is author of Evolve Your Brain. The movie is about quantum physics, the science of possibilities. His book describes how to heal yourself and change your brain to better serve you. The evening was a huge success, with over 400 people in attendance. The most frequent description of the evening, by those in attendance, was "it was inspiring."

On April 19th, 2008, the New York Times Best Selling author Thomas Moore (author of 'Care of the Soul', 'Dark Night of the Soul,' 'Soul Mates,' 'The Soul of Sex,' and many other books) will be joining 'Connect' at the Barre Opera House to discuss depression, betrayal, loss of meaning in our lives and how to create a soulful life in Modern America. The opening discussion will be one 30 minute show with Vermont's own Wendy Halley (author of 'Slaying the Mouse') discussing her experience in spirit medicine.

All profits from the event will be donated to the American Cancer Society. Tickets may be purchased by calling 802 476-8188 or online at BarreOperaHouse.org. Ticket price is \$15 in advance and \$20 the day of the event. For information on this event or about the show please check the web at www.ConnectWithAmyMiller.com. Join us on an adventure of the soul.

Be looking for an article next month by Martin Pincus and Amy Miller discussing our show on yoga.

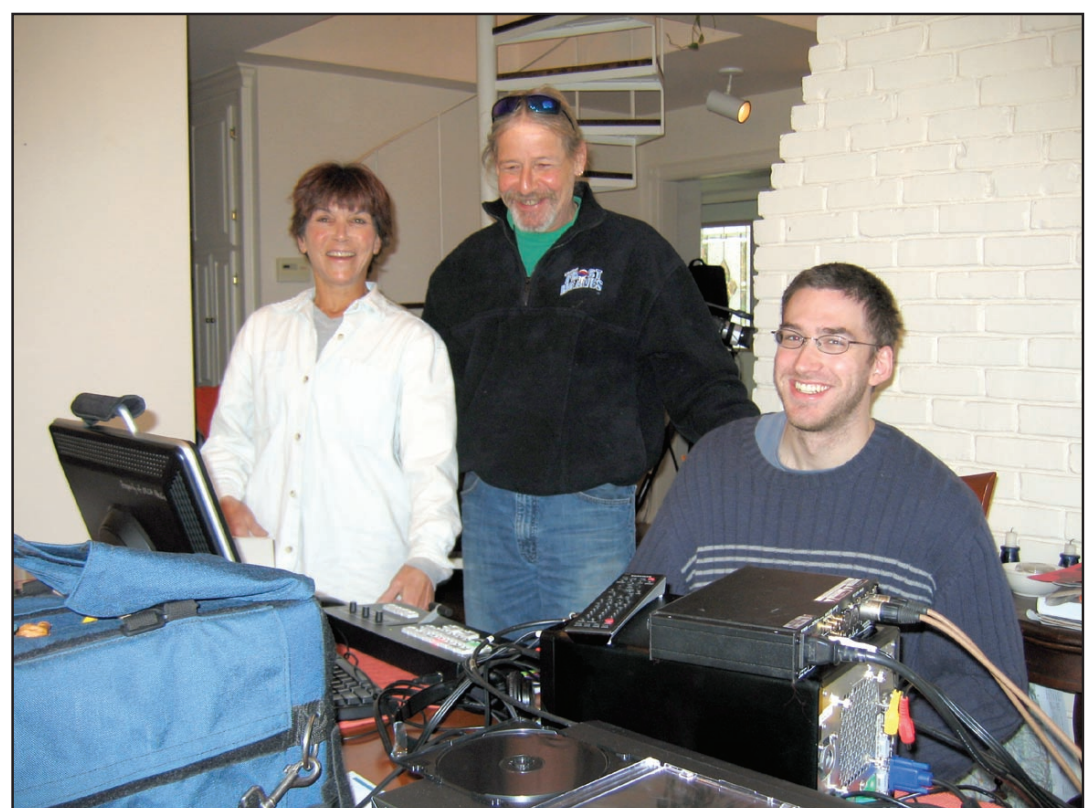


Photo: -Film Crew - Libby Cookson, camera, Joe Amaral, Producer, Zach Zorn, director.